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A BEACON OF HOPE IN RECOVERY

# WOMEN'S SUPPORTIVE RECOVERY HOUSING

The Packet

## OVERVIEW

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Mho Me Are

Lighthouse has been part of the Fort Collins community for nearly 15 years and has impacted hundreds of lives. We are a faith-based sober living and supportive recovery program located in Fort Collins, Colorado. We welcome individuals of all backgrounds—faith is not a requirement for acceptance.

Our mission is to empower individuals to overcome addiction and rebuild their lives by providing safe, affordable housing, a supportive community, and the tools for lifelong recovery.



Jold We re Different

Lighthouse is battling 3 extremely serious issues facing Northern Colorado, cutting away at the very root of them, one person at a time:

- 1) Homelessness
- 2) The opioid crisis and widespread substance use
- 3) The need for low-income housing

It's no secret that addiction is a severe contributor to homelessness, health crises, and death in our community. Providing a place to live, however, is only part of the answer. There is a crucial need for safety and affordability, as well as a need for case management, structure, community, and unconditional love.

That's where Lighthouse comes in. Our staff and partners are committed to creating an atmosphere of kindness, dignity, and unconditional love to those who are in desperate need. We have helped over 1,600 men on their journey to long-term sobriety, approximately 80% of whom were homeless. Unlike conventional programs, however, Lighthouse has NO TIME LIMIT for stay, meaning that many have been able to use our supportive housing as a long-term or permanent home as they achieve lasting sobriety.

Mat About Momen?

There are simply not enough recovery programs in Fort Collins dedicated to serve women.
We are going to change that.



Lighthouse is launching a recovery home specifically for women—applying the same proven principles that have helped hundreds of men find lasting freedom. We invite you to be part of this expansion and bring the light to women in need.

Our goal is to provide for the need, and as we gather support for opening a women's program, we aim to be the MOST AFFORDABLE, fully-staffed, supportive women's recovery housing in Northern Colorado.

At Lighthouse, we are passionate about helping to end homelessness and the opioid/substance use crisis, and we're confident that the success of this project will make a significant impact on Northern Colorado.

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Visit our \_website





Keep reading to see how you can help make a huge difference for our community!

# Jighthouse A PLACE FOR WOMEN TO CALL HOME

# WHAT WILL WE ACTUALLY OFFER OUR RESIDENTS?

# 1. A HOME DESIGNED FOR WOMEN, DEBT-FREE

- 8 12 beds in a single-family residence purchased outright, so resident fees stay low.
- Two staff positions, including onsite house manager
- Furnishings and supplies for excellent resident quality-of-life
- Vehicle for supply runs and resident outings
- A home that's not just a program—it's a place of unconditional love, where women are welcomed into a familystyle community that walks with them for the long haul.





## 2. A PROVEN PROGRAM, ADAPTED FOR WOMEN

Lighthouse's men's program has helped over 1,600 men re-enter life sober and stable. Among our male residents in recent years:

- Over 80 % arrived directly from homelessness
- Approximately 45 % were justice-involved
- Approximately 30 % battled opioid use disorder
- We're bringing the same
   evidence-based structure to
   women, continuing our emphasis
   on healing relationships, trusted
   support, and a deeply rooted
   community culture that's hard to
   find in traditional programs.



#### 3. NO TIME LIMIT, EVER

- Women can stay as long as it takes to secure income, stable housing, and lasting sobriety—ending the cycle of homelessness.
- Our no-time-limit approach makes space for slow, steady healing and long-term relationship-building that simply isn't possible in time-bound shelters or transitional programs.

#### A PLACE FOR WOMEN TO CALL HOME

# 4. EVERYTHING FOR DAILY LIVING

- We aim to provide every essential so residents can focus on healing:
- Toiletries & linens
- Food & stocked kitchen
- Utilities including Wi-Fi & computer access for job searches and tele-health

# 5. WRAP-AROUND SUPPORT & CASE MANAGEMENT

- Comprehensive needs assessment within the first week
- In-house groups & life-skills classes
- Peer Support and recreational activities
- Structure, support & accountability

#### 6. COMMUNITY CONNECTIONS

We will connect women to resources tailored to their specific needs:

- Mental-health counseling
- Help applying for replacement IDs & Medicaid
- MAT & primary care clinics
- Employment agencies

# Jighthouse COMMUNITY IMPACT WE COULD CHANGE EVERYTHING FOR WOMEN IN RECOVERY?

Too many women in Northern Colorado are facing:

- Opioid overdose: Women make up a growing share in the overdose fatalities in in Colorado, which have increased by more than 600% since 2000.\*
- Homelessness: In Fort Collins, an Estimated 38-40% of individuals experiencing homelessness are women.\*
- Mental Health Needs: In Colorado, 40–60% of individuals
  with serious mental illness also have a substance use disorder
  —rates are especially high among women in recovery.\*

# THESE ARE NOT JUST NUMBERS.

They represent mothers, daughters, and sisters in our own neighborhoods who are struggling without access to safe, stable housing and long-term support.

By expanding Lighthouse's proven model to serve women, we're addressing not only addiction, but the layered realities of trauma, poverty, and disconnection.

These challenges don't just affect individuals—they touch families, workplaces, hospitals, and every corner of our community.

In this new home, local women will be able to access the support they need close to home, and women from all over Northern Colorado can find safety, stability, and a fresh start.

By supporting this effort, you're helping build a brighter future for Northern Colorado where women in crisis are met with dignity, compassion, and hope.

#### \*Statistics derived from:

- NoCO CoC State of Homelessness Report 2024
- Colorado Opioids Profile 2023
- News coverage: Colorado overdose trends 2024 & 2025

### Jighthouse THE LAUNCH PLAN

# TO MAKE THIS VISION A REALITY,

LIGHTHOUSE HAS SET A GOAL OF OPENING OUR FIRST WOMEN'S RECOVERY HOME IN NOVEMBER 2025.

Our original goal was to open by Spring of 2026. However, two generous donors have joined together to provide the full cost of a 1-year lease at a house that is perfect for the needs of our program. They felt strongly that we should begin serving women NOW, not later.



Our primary focus has now shifted to raising the funds to purchase the property by the time the lease ends on September 1<sup>st</sup>, 2026. Purchasing the property will help ensure that we are able to charge residents the most affordable program fees in Northern Colorado.

This isn't just about opening a house—it's about creating a long-term program that's built to last, with structure and stability from day one.

Because of the scale and significance of this project, we are inviting donors to partner with us at a variety of giving levels—including some transformative opportunities for those able to make a major investment in the future of women's recovery.







<u> 1. Captain's Council — \$250,000+</u>

#### Recognition & Benefits:

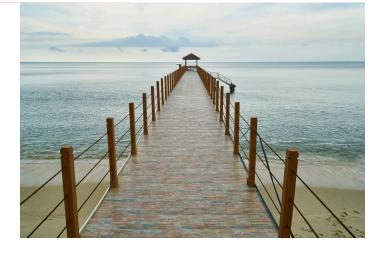
- Prominent exterior signage on the Women's House
- Private ribbon-cutting & blessing ceremony with leadership and residents
- Lifetime "Beacon Society" membership with annual recognition
- Legacy placement on donor wall & website
- Featured recognition in campaign materials, newsletters, and social media

#### <u>2. Harbor Light Champion — \$100,000 —</u> \$249,999

#### Recognition & Benefits:

- Featured recognition on website, newsletters, and social media
- Private pre-opening tour with leadership
- Prominent donor wall listing with personalized resident thank-you
- Framed photo from residents presented at appreciation event





#### <u>3. Lighthouse Keeper - \$50,000 - \$99,999</u>

#### Recognition & Benefits:

- Recognition on donor wall and digital campaign materials
- Social media spotlight post
- Framed thank-you photo from residents
- Invitation to donor appreciation brunch with residents and staff

#### 4. Anchor Circle — \$10,000 — \$49,999 Recognition & Benefits:

- Recognition on donor wall
- Social media thank-you post
- Handwritten note from residents
- Name included in select campaign update emails

#### 5. Compass Crew - \$1,000 - \$9,999 Recognition & Benefits:

- Printed campaign acknowledgment
- Personalized thank-you card from the Lighthouse team
- Recognition in campaign update emails

#### BUDGET TABLE

Expense	Amount
Property Purchase (debt-free)	\$710,000
Staffing (2 staff positions for 1 year)	\$100,000
Furniture & Household Supplies	\$5,000
Property Security Camera System	\$5,000
Van for Resident Transportation	\$25,000
TOTAL	\$845,000

#### FOR OVER 14 YEARS,

Lighthouse's men's program has been shining a light in the Fort Collins community.

What began as one sober house has grown into a structured, faith-based recovery program serving men from all over Colorado—Larimer, Weld, the Denver metro area, and beyond.



Our approach combines safe, supportive housing with accountability, peer mentorship, and connection to employment and community. The results speak for themselves: lives rebuilt, families restored, and a growing network of alumni who continue to give back.

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ON BEHALF OF THE FORT COLLINS RECOVERY COMMUNITY, LIGHTHOUSE THANKS YOU AND ALL OF OUR SUPPORTERS AS WE MOVE FORWARD TO IMPACT MORE LIVES THAN EVER.

YOU HAVE OUR HEARTFELT GRATITUDE, NOW AND EVERY DAY.





Women are in need. That's where you come in.

LIGHTHOUSEFTC.ORG/WOMEN

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Visit our website





