



PHASE SYSTEM DETAILS

Purpose: The purpose of the Phase System at the Lighthouse is to offer an opportunity and positive incentives for each Participant to develop a solid recovery program that he can maintain even after he moves on from the Lighthouse. As the Participant moves up in the Phases, he is able to earn more freedom so that he can test his readiness for full independence before moving on.

How does a participant move between the Phases? Participants who have fulfilled all of the requirements of their current Phase and have not had any write-ups in the last 30 days are eligible to complete an application to advance to the next Phase. Additionally, Participants can be regressed back one or more phases as a result of write-ups or rule infractions, depending on the severity of the infraction.

Phase 0 – Orientation Phase (No minimum time requirement)

- Monthly Fees - \$650
- 9PM Curfew
- Attend 5 meetings per week
- Complete and Submit Meeting Sheet with Leader Signatures each week – Due each Monday by 8AM
- Complete Job Search Action Plan and Submit to Office if not working
- Turn in Job Contact Forms Daily until a full time, permanent job is begun
- Begin working a full-time job
- Satisfactorily Complete House Chore as assigned and Submit Chore Slip to Office each time it is done
- Random BA's & UA's

Phase 1 – Adaptation Phase (Minimum of 30 days to complete this phase)

- Monthly Fees - \$640
- 9:30PM Curfew
- Attend 4 meetings per week
- Complete and Submit Meeting Sheet with Leader Signatures each week – Due each Monday by 8AM
- Bring budget plan to staff for review / approval
- Continue working a full-time job
- Satisfactorily Complete House Chore as assigned and Submit Chore Slip to Office each time it is done
- Be in good financial standing – paid in full by 5th of each month or signed payment plan
- Random BA's & UA's

Phase 2 – Recovery Phase (Minimum of 30 days to complete this phase)

- Monthly Fees - \$630
- 10PM Curfew
- Attend 3 meetings per week
- Complete and Submit Meeting Sheet with Leader Signatures each week – Due each Monday by 8AM
- Continue working a full-time job
- Satisfactorily Complete House Chore as assigned and Submit Chore Slip to Office each time it is done
- Be in good financial standing – paid in full by 5th of each month or signed payment plan
- Attend Financial Peace University until completed if on payment plan
- Find and begin working with a sponsor or mentor – minimum contact = weekly
- Complete and turn in Sponsor Verification Form
- Random BA's & UA's
- Eligible for 2 overnight passes per month

Phase 3 – Rebuilding Phase (Minimum of 30 days to complete this phase)

- Monthly Fees - \$620
- 10:30PM Curfew
- Attend 2 meetings per week
- Complete and Submit Meeting Sheet with Leader Signatures each week – Due each Monday by 8AM
- Continue working a full-time job
- Satisfactorily Complete House Chore as assigned and Submit Chore Slip to Office each time it is done
- Be in good financial standing – paid in full by 5th of each month (No payment plans allowed in Phase 3)
- Continue working with sponsor / meeting weekly as a minimum
- Random BA's & UA's
- Eligible for 3 overnight passes plus 1 two-night pass per month

Phase 4 – Reclamation Phase (Minimum of 30 days to complete this phase)

- Monthly Fees - \$610
- 11PM Curfew
- Attend 1 meeting per week
- Complete and Submit Meeting Sheet with Leader Signatures each week – Due each Monday by 8AM
- Continue working a full-time job
- Satisfactorily Complete House Chore as assigned and Submit Chore Slip to Office each time it is done
- Be in good financial standing – paid in full by 5th of each month (No payment plans allowed in Phase 4)
- Continue working with sponsor / meeting bi-weekly as a minimum
- Random BA's & UA's
- Eligible for 2 overnight passes plus 2 two-night passes per month

*****UPON COMPLETION OF PHASE 4, LIGHTHOUSE PROGRAM HAS BEEN COMPLETED*****

Phase 5 – Graduate Phase (Minimum of 60 days to complete this phase to be eligible to apply for Leadership)

- Monthly Fees - \$600
- 11:30PM Curfew
- Meeting Attendance is not monitored by Lighthouse Staff, although we HIGHLY recommend continuing to attend a minimum of 1 weekly meeting
- Continue working a full-time job
- Satisfactorily Complete House Chore as assigned and Submit Chore Slip to Office each time it is done
- Be in good financial standing – paid in full by 5th of each month (No payment plans allowed in Phase 5)
- Continue working with sponsor
- Random BA's and UA's
- Eligible for 4 two-night passes per month

Leadership Phase

- Monthly Fees - \$590
- Midnight Curfew
- Meeting Attendance is not monitored by Lighthouse Staff, although we HIGHLY recommend continuing to attend a minimum of 1 weekly meeting
- Continue working a full-time job
- Complete volunteer time
- Complete Leadership responsibilities
- Be in good financial standing – paid in full by 5th of each month (No payment plans allowed in Leadership Phase)
- Random BA's and UA's
- Eligible for at least 4 two-night passes per month

MEETINGS RECOGNIZED BY LIGHTHOUSE ON WEEKLY MEETING SHEET:

*****ALTHOUGH WE DO NOT REQUIRE CHRISTIAN PROGRAM ATTENDANCE, WE ENCOURAGE IT BY OFFERING 2 FOR 1 MEETING CREDIT FOR CHRISTIAN MEETINGS*****

- 12 Step Meetings – AA, NA, Celebrate Recovery
- Church or Bible Study – the weekly church bulletin can be stapled to meeting sheet in lieu of signature
- Walking It Out Program with Pastor Joni at Grace Fellowship
- Authentic Manhood
- Restore 12 Step Program with Genesis Project
- Individual or Group Counseling
- Relapse Prevention Groups & Classes
- IOP (Intensive Outpatient) Groups & Classes – (Summitstone, Mountain Crest, Aspen Ridge)
- Classes - DUI, Anger Management, Budgeting, Parenting, Therapeutic Art, Communication, Leadership
- Face to Face Meetings with Sponsor – must last an hour to count
- Sober Social Events Sponsored by AA, NA, a local church, or Lighthouse
- All other meetings and classes must be approved by Director in advance to be included on Meeting Sheet

What meetings are not recognized by Lighthouse on Weekly Meeting Sheet?

- Case Manager Meetings with your Pre-trial, DHS, or Halfway House Case Manager
- Meetings with your Probation or Parole Officer
- Court Appearances, including Drug Court or DUI Court
- Phone calls or texts with Sponsor